

English

Term 1

April

Reader: Ch – What Makes The Lightning.

Poem – Land Of Story Books.

Grammar: Noun: Kinds

Noun: Numbers

Noun: Countable and Uncountable.

Noun: Gender.

Noun: Possession.

Writing: Diary Entry.

Activities: 1. Read, Run, Write.

2. Draw conversation

May

Reader: Rikki-Tikki and Nag

Grammar: Pronouns: Kinds

Adjectives: Kinds

Adjectives: Degrees of Comparison.

Vocabulary: Synonyms, Homophones.

Writing: Paragraph writing

Activities: 1. Adjective Act Out.

2. Speed Writing/ Declamation

July

Reader: Ch – Born Again – Arunima Sinha.

Poem – Be A Friend.

Grammar: Verbs: Mains, Auxiliaries And Modals.

Verb: Transitive and Intransitive.

Verbs: Regular and Irregular.

Active and Passive Voice.

Writing: Letter Writing (Formal)

Activities: 1. Numbered Heads.
2. Telephone.

August

Reader: Poem – Don't Give Up.

Grammar: Tenses- Simple and Continuous: Present, Past and Future.

Vocabulary: Prefixes.

Activity: Fortune Teller.

Term 2

October

Reader: Ch – The Story of Dandi March.

Grammar: Adverbs: Kinds.
Subject – Verb Agreement.
Subject and Predicate.
Sentences.

Vocabulary: Antonyms.

Activities: 1. Sentence Matching.
2. All Mixed Up.

November

Reader: Ch – The Unshakeable Bhungas.
Poem – We Must Act Now.

Grammar: Conjunctions
Direct and Indirect Speech.

Vocabulary: Suffixes, Proverbs

Writing: Letter Writing (Informal)

Activities: 1. A Letter to Your Future Self.
2. Who wants to be A Millionaire.

December

Reader: Ch – The Tale Of Peter Rabbit.

Play: Birbal's Wit.

Grammar: Prepositions

Tenses : Past Perfect and Present Perfect.

Writing: Story Writing.

Activities: 1. Story Chain.
2. Truths and 1 Lie.

January

Reader: Poem – When I'm An Old Lady.

Writing: Diary Entry

Activity: Don't say Yes Or No.

Maths

Term 1

April

Ch – 1 Large Numbers.

Ch – 2 Operations on Large Numbers.

Activity: Math story problem

May

Ch – 3 Factors and Multiples.

Ch – 13 Patterns and Symmetry

Activity – Quiz

July

Ch –9 Money

Ch – 6 Lines and Angles.

Activities - 1. Make angle anchor chart (Cutting and Pasting)
2. Kids market – Sale & Purchase

August

Ch – 8 Time and Temperature.

Activity: Complete to win (Bingo)

Term 2

October

Ch – 4 Fractions

Ch – 14 Data Handling

Activities - 1. Birthday data collection of your classmates and construct a Bar Graph
2. Build a fraction wall

November

Ch – 7 Measurement.

Ch – 12 Mapping Skills.

Activity: Classroom scavenger hunt.

December

Ch – 5 Decimals.

Ch – 11 Perimeter, Area and Volume

Activity: Quiz

January

Ch – 10 Shapes

Activity: Shape puzzle challenge (cutting & pasting)

Punjabi

Term 1

April

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ – 1 ਮੇਰਾ ਦੇਸ਼

ਪਾਠ – 2 ਸ਼ਾਤੀ ਦੇ ਪੁੰਜ - ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ

ਪਾਠ – 6 ਹਿੰਮਤ

ਵਿਆਕਰਨ –

ਪਾਠ 1 - ਭਾਸ਼ਾ

ਪਾਠ 2 - ਵਿਆਕਰਨ

ਪਾਠ 6 - ਅਸ਼ੁੱਧ – ਸ਼ੁੱਧ

ਗਤੀਵਿਧੀਆਂ :-

1. ਸਵਰ ਮੁਹਾਰਨੀ
2. ਕਵਿਤਾ ਉਚਾਰਨ ਮੁਕਾਬਲਾ।

May

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ -3 ਸ਼ਹੀਦ ਉਧਮ ਸਿੰਘ

ਪਾਠ -4 ਸਬਰ ਅਤੇ ਸੰਤੋਖ

ਵਿਆਕਰਨ :-

ਪਾਠ 3 - ਅੱਖਰ ਬੋਧ ਅਤੇ ਵਰਣਮਾਲਾ

ਪਾਠ 4 - ਲਗਾਂ ਅਤੇ ਲਗਾਖਰ

ਲੇਖ ਰਚਨਾ / ਕਹਾਣੀ ਰਚਨਾ

ਗਤੀ ਵਿਧੀਆਂ :-

1. ਰੇਲ ਪਲੇ (ਤੁਹਾਡਾ ਮਨਪਸੰਦ ਦੇਸ਼ ਭਗਤ)
2. ਭਾਰਤ ਦੇ ਪੰਜ ਕੁਦਰਤੀ ਨਜ਼ਾਰਿਆਂ ਨਾਲ ਭਰੇ ਹੋਏ ਸ਼ਹਿਰਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ

July

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ -7 ਪੰਜਾਬ ਦੀਆਂ ਉਪ ਬੋਲੀਆਂ

ਪਾਠ -8 ਮੈਂ ਅਖਬਾਰ ਬੋਲਦਾ ਹਾਂ ।

ਵਿਆਕਰਨ –

ਪਾਠ 5 - ਸ਼ਬਦ ਬੋਧ ,
ਪਾਠ 7 - ਨਾਂਵ ,
ਪਾਠ 8 - ਲਿੰਗ ,
ਬਿਨੈ ਪੱਤਰ / ਨਿੱਜੀ ਪੱਤਰ

ਗਤੀਵਿਧੀਆਂ – ਸਮੇਂ ਦੀ ਕਦਰ ਤੇ ਆਧਾਰਿਤ ਕਹਾਣੀ ਰਚਨਾ

August

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ -9 ਆਤਮ ਬਚਾਉ
ਪਾਠ – 10 ਬਰਾਬਰ ਹੱਕ

ਵਿਆਕਰਨ –

ਪਾਠ 10 - ਪੜਨਾਂਵ ,
ਪਾਠ 9 - ਵਚਨ ਬਦਲੇ ,
ਪਾਠ 18 - ਅਗੇਤਰ – ਪਿਛੇਤਰ

ਗਤੀਵਿਧੀ – ਤੁਸੀਂ ਕਿਹੜੇ ਵਹਿਮਾਂ ਭਰਮਾਂ ਵਿੱਚ ਵਿਸ਼ਵਾਸ ਰੱਖਦੇ ਹੋ (ਚਰਚਾ)

Term-2

October

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ -11 ਦੁੱਧ
ਪਾਠ – 12 ਦੇਸੀ ਮਹੀਨੇ

ਵਿਆਕਰਨ –

ਪਾਠ 11 - ਵਿਸ਼ੇਸ਼ਣ
ਪਾਠ 12 - ਕਿਰਿਆ

ਪਾਠ 13 - ਵਿਸ਼ੇਸ਼ ਸੰਬੰਧਕ ਯੋਜਕ, ਵਿਸਮਿਕ

ਗਤੀਵਿਧੀਆਂ – 1. ਫਾਸਟ ਫੂਡ ਤੇ ਵਾਦ ਵਿਵਾਦ ਕਰਵਾਇਆ ਜਾਵੇਗਾ
2. ਦੀਵਾਲੀ ਦੇ ਪਵਿੱਤਰ ਤਿਉਹਾਰ ਤੇ ਕਲਾਕ੍ਰਿਤੀ

November

ਪਾਠ ਪੁਸਤਕ :-

ਪਾਠ – 13 ਬੁੱਧ ਕੰਮ ਸ਼ੁੱਧ

ਪਾਠ – 14 ਫਾਸਟ ਫੂਡ ਤੋਂ ਤੈਬਾ

ਪਾਠ – 15 ਬਦਲਦਾ ਸੱਭਿਆਚਾਰ

ਵਿਆਕਰਨ –

ਪਾਠ 14 - ਕਾਲ

ਪਾਠ 16 - ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ , ਲੇਖ ਰਚਨਾ

ਗਤੀਵਿਧੀਆਂ – 1. ਦੇਸੀ ਮਹੀਨੇ ਯਾਦ ਕਰਨ ਲਈ ਕਿਹਾ ਜਾਵੇਗਾ।
2. ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਉੱਤੇ ਪੱਛਮੀ ਸੱਭਿਅਤਾ ਦੇ ਪ੍ਰਭਾਵ ਸਬੰਧੀ
ਵਿਚਾਰ ਵਟਾਂਦਰਾ।

December

ਪਾਠ 17 – ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ

ਪਾਠ 19 – ਵਾਕ ਬੋਧ

ਬਿਨੈ ਪੱਤਰ/ ਨਿੱਜੀ ਪੱਤਰ

January

ਪਾਠ 20 – ਮੁਹਾਵਰੇ

ਚਿੱਤਰ ਵਰਨਣ

Hindi

Term -1

April

पाठ्य पुस्तक :-

पाठ -1 भारत की छवि निराली (कविता)

पाठ -2 जादुई माचिस (कहानी)

पाठ -3 वीर त्रिलोकी नाथ (वीर गाथा)

व्याकरण :-

- | | | |
|--------------------|----------------|----------------|
| 1. भाषा और व्याकरण | 2. वर्ण विचार | 3. शब्द विचार |
| 4. वाक्य | 5. अनुच्छेद -1 | 6. पत्र लेखन-1 |

- गतिविधि :-
1. मोबाइल के फायदे और नुकसान पर कक्षा में चर्चा
 2. संवाद प्रतियोगिता (गृह कार्य होना चाहिए या नहीं)

May

पाठ्य पुस्तक :-

पाठ -4 गुलिवर की विचित्र यात्रा (यात्रा वृत्तांत)

पाठ-5 त्योहारों का देश हमारा (कविता)

व्याकरण :-

- | | | | |
|-----------|---------|---------------|------------|
| 1. संज्ञा | 2. कारक | 3. अनुच्छेद-2 | 4. पत्र -1 |
|-----------|---------|---------------|------------|

- गतिविधि :-
1. कहानी लेखन
 2. अपना मनपसंद पर्यटन स्थान (भाषण प्रतियोगिता)

July

पाठ्य पुस्तक :-

पाठ -6 अतिथि सेवा

व्याकरण :-

1. विशेषण

2. शब्द भंडार – पर्यायवाची शब्द (1-15), श्रुतिसमभिन्नार्थक शब्द (सारे)
अनेक शब्दों के लिए एक शब्द (1- 15)

3. मुहावरे (1-7)

4. अनुच्छेद लेखन -3

5. पत्र लेखन – 3

गतिविधि :- देश प्रेम से संबंधित कविता गायन प्रतियोगिता।

August

पाठ्य पुस्तक :-

पाठ -7 रद्दी वाला लड़का (वैज्ञानिक जीवनी)

व्याकरण :-

1. क्रिया 2. काल 3. पठित गद्यांश /पद्यांश

गतिविधि :- ए.पी.जे. अब्दुल कलाम जी के विषय में मुख्य एवं रोचक बातों
से जुड़ी गतिविधि

Term-2

October

पाठ्य पुस्तक :-

पाठ -8 स्कूल के दिन (संस्मरण)

व्याकरण :-

1. लिंग 2. वचन 3. सर्वनाम

4. अनुच्छेद-1 5. पत्र लेखन -1

गतिविधि :- 1. प्रश्न / उत्तर प्रतियोगिता (भारतीय त्योहार)
 2. नाट्य प्रस्तुति (अपने मनपसंद स्वतन्त्रता सेनानी पर
 आधारित)

November

पाठ्य पुस्तक :-

पाठ -9 खुशबू (कविता)

पाठ -10 अरब सागर की रानी -कोच्चि (पत्र)

व्याकरण :-

1. शब्द भंडार (विलोम शब्द (सारे)। , अनेकार्थक शब्द (सारे)
2. मुहावरे – (8-13)
3. विराम चिन्ह
4. अनुच्छेद -2
5. पत्र लेखन-2

गतिविधि :-

1. ऋतुओं से संबंधित जानकारी
2. स्वच्छता संबंधी नारों पर गतिविधि

December

पाठ्य पुस्तक :-

पाठ -11 मोबाइल का सबक (कहानी)

पाठ -12 पर्यावरण की पुकार (एकांकी)

पाठ -13 कबीर के दोहे (दोहे)

व्याकरण :-

- | | |
|--------------------|----------------|
| 1. अशुद्धि शोधन | 2. अव्यय |
| 3. अनुच्छेद लेखन-3 | 4. पत्र लेखन-3 |

गतिविधि :- कबीर जी के दोहे की गायन प्रतियोगिता

January

पाठ्य पुस्तक :-

पाठ -14 तुक्केबाज़ बना ज्योतिषी (कहानी)

व्याकरण :-

1. पठित गद्यांश व पठित पद्यांश
2. अपठित गद्यांश
3. चित्र वर्णन

गतिविधि :- सर्दियों में दूर देश से आने वाले पक्षियों के नाम और उनकी पहचान बताइए (कोई पांच पक्षी)

Social Science

Term 1

April

Chapter-1 Map and Globe

Chapter- 2 Latitudes and Longitudes

Chapter- 3 Movements of the Earth

- Activities-**
1. Draw a map of your house
 2. Model making (group Activity)

May

Chapter- 6 The Democratic Republic of Congo

Chapter 11 Communication

Activities- PowerPoint presentation on mode of communication

July

Chapter 8 - Greenland

Chapter- 15 Colonial India

Activities- Quiz (Chapter 15)

August

Chapter- 16 India's Freedom Struggle

Activities – Role Play

Map Work

1. On the World Map show the following:
(a) Oceans (b) Continents.
2. On the Political Map of India fill the Major Centres of the Revolt of 1857.
3. On the Political Map of India fill the Main Centres of Indian Freedom Struggle.
4. On the Political Map of India fill the Mountains of Himalayas.
5. On the Political map of India fill the following Plateaus:
(a) Malwa Plateau (b) Chhota Nagpur Plateau
(c) Deccan Plateau.

Term- 2

October

Chapter- 7 Saudi Arabia (A country in the hot desert region)

Chapter 10 - Transport

- Activities-**
1. Open book test
 2. Model making

November

Chapter- 12 The World of Growing Knowledge

Chapter- 13 Pollution and conservation of the environment

- Activities-**
1. Election scene
 2. Save environment (Slogan Writing)

December

Chapter- 17 Government in India

Chapter- 18 The United Nation

- Activities-**
1. Question making
 2. Poster making on - 'Save paper & save trees'

January

Chapter- 19 Nobel Laureates from India

Activities - Rapid fire quiz

Map Work

1. On the World map locate the following:
(a) Saudi Arabia (b) Greenland.
2. On the Political Map of the World fill the 5 Permanent Members of UNO.
3. On the Indian Political Map fill the 5 Popular Hill Stations of India.

Science

Term 1

April

Chapter- 1. Food and Health

Chapter- 2 Growing Plants

May

Chapter- 8 Force, Work and Energy

Chapter- 6 Soil Erosion and Conservation

July

Chapter- 11 Natural Disasters

Chapter- 10 Moon and Artificial Satellites

August

Chapter- 12 Electricity

Activities

1. Prepare a balanced diet chart for all three meals of a day
2. Grow a new plant from the root of sweet potato
3. To observe friction on different types of surfaces
4. Model (Erupting Volcano)
5. Presentation on natural & Artificial Satellite

Term- 2

October

Ch-3 Skeletal System And Nervous System
Ch-4 Safety And First Aid

November

Ch-5 Air and Water
Ch-7 Rocks and Minerals

December

Ch-9 Light and Shadow

January

Ch-13 Marvellous Magnets

Activities

1. Explore and observe pictures of a skeletons of some animals
2. To show that Air occupies space
3. To show that Air is needed for Burning
4. Classify the objects at your home into Transparent, Translucent and opaque category
5. Make an Emergency Kit
6. To show that light travels in a straight line
7. Flash card giving information on different types of Rocks/ Minerals
8. To show light can pass through some object

Computer

Term-1

April

Ch-1 Input and Output devices
Ch-2 More on Windows(half)

Practical- *familiar with input and output devices of computer and their uses
*starting window media player, burning and ripping on CD/DVD using control panel

May

Ch-2 More on Windows(Half)

Practical- Installing and uninstalling application, troubleshooting, operating system for mobile devices

July

Ch-3 Page formatting in Word

Practical- Creating header, footer, page formatting setting page margins, indenting text, setting page orientation, page background

August

Ch-4 Advanced features of Word + revision

Practical- Using find And replace features, spelling and grammar, Threasures, Drop Cap effect, Mail merge

Term-2

October

Ch-5 Enhancing a presentation

Practical- Applying animation effects, applying transition effects, inserting audio and video file in PowerPoint

November

Ch -6 Introduction to Excel

Practical- Starting Excel, entering data in worksheet, creating and saving workbook, working with worksheet, opening and closing Excel 2019

December

Ch-7 Programming in Scratch 3.0

Practical- Familiar with types of block, sensing input and its execution, using keyboard keys, applying reasoning to make decisions, applying condition in programming

January

Ch -8 The Internet and its services

Practical- Opening a web browser and website, uses of internet, using social networking, making blog using e-commerce

February - Revision

General Knowledge

Term 1

Knowing and caring for ourselves

- A. The human body
- B. Tongue care
- C. Vitamins
- D. Wake fit

Unit 1 Our Country

- 1. Important National Events
- 2. Extremes of India
- 3. Our Presidents
- 4. Indian Research Institutes
- 5. India's National Parks
- 6. The Rashtrapati Bhavan
- 7. Indian Awards and Honours
- 8. Social Activists of India

Unit III Our Surroundings

- 16. Waste sorting
- 17. Airways
- 18. Impressive Bridges
- 19. Folk Dances of India
- 20. United Nations
- 21. International Awards
- 22. Flourishing Industries
- 23. Environmentalists
- 24. The Seven Wonders

Unit VI Sports and Entertainment

- 32. Games are fun
- 33. Cricket Stadiums in India
- 34. Sports Terminology
- 35. Parasports

- 36. Great Musicians
- 37. Olympics

Unit VII Language and Literature

- 38. Great Authors
- 39. Palindromes
- 40. Language skills
- 41. Indian Languages
- 42. Famous last words

Worksheet – 1

Term 2

Unit II life Skills

- 9. Daily Routine
- 10. International Days
- 11. Scientific Instruments
- 12. Speak Well
- 13. Savvy Shopping
- 14. Emergency Services
- 15. Timeless Principles

Unit IV Plants and Animals

- 25. Animals Puzzle
- 26. Plants Quiz
- 27. Migratory birds
- 28. Medicinal Herbs

Unit VIII Brain Gain

- 43. Tough Nuts to Crack
- 44. Mind – bogglers
- 45. Environment
- 46. Logical Reasoning
- 47. Brain Teasers
- 48. Colour Patterns
- 49. Analytical Ability

Unit IX Mixed Bag

- 50. Mouth watering Dishes
- 51. Spot the Difference
- 52. Signs and Symbols
- 53. Grain Series of Indian Coins
- 54. Any Time Money
- 55. Material Science
- 56. Handy Apps

Worksheet 2